

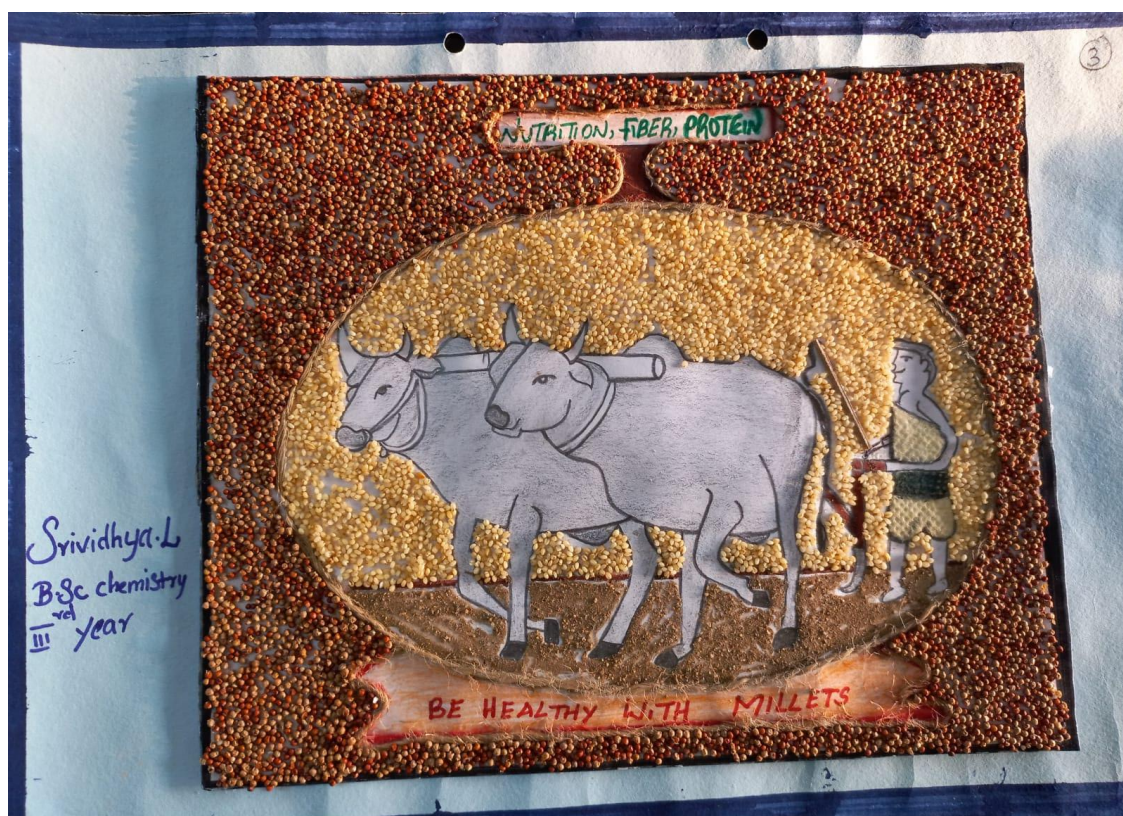
## BHAKTAVATSALAM MEMORIAL COLLEGE FOR WOMEN

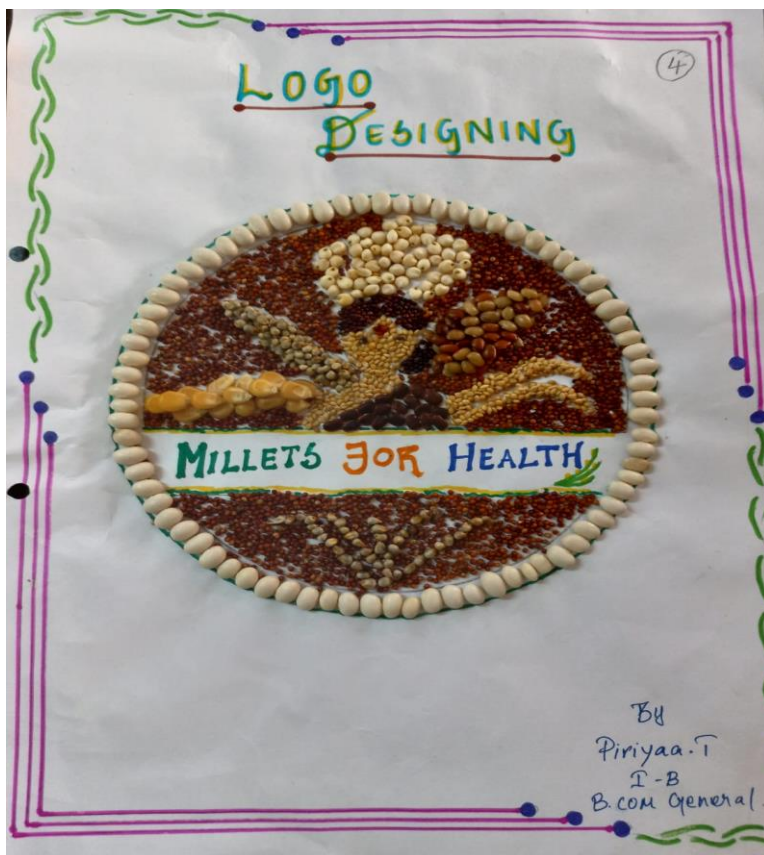
KORATTUR, CHENNAI – 600 050

ED CELL REPORT: 2022 – 2023

### TO COMMEMORATE THE INTERNATIONAL YEAR OF MILLETS - 2023

- ❖ ED CELL Organized various competitions for the students, like Poster making, Slogan writing & Logo designing on the theme “ **Millets for health** ”. The students enthusiastically participated in various competition and won the prizes.







- ❖ On 2<sup>nd</sup> February 2023 an awareness programme on “**Importance of Millets**” was organized by ED Cell. The resource person was Dr. Annete Beatrice, Associate Professor, Department of Home Science, Women's Christian college. The resource person spoke on the basic nutrition and gave an introduction on Millets. She spoke on various common millets available in our country and highlighted the Nutritional value of each millets. She suggested the millets and its health benefits for young women's and gave tips for weight loss using millets. She also added a note on innovative recipes using millets.



