

DEPARTMENT ACTIVITIES

SNO.	Date	Seminar/ Workshop/ Conference/Event	Topic	Resource Person Name
1.	03.04.2021	Webinar	<i>Prevention of Autism</i>	DR. V.D. SWAMINATHAN Retd. Professor, Department of Psychology, University of Madras, Chennai.
2.	19.05.2021	Webinar	<i>Addiction Counselling</i>	MS.A.C.N.ARUNA Counselling Psychologist, Managing Director – Jeeva Rakshai (De-addiction cum Rehabilitation & Psychiatric care), Chennai.
3.	21.05.2021	Webinar	<i>Career Guidance Program</i>	MR. SUVEEN KUMAR, Counselling Psychologist, Founding Director in Emo Matrix, Chennai.
4.	24.05.2021	Webinar	<i>Mental Status Examination</i>	MRS. VIDHYA MURALIDHARAN, Senior Neuro Psychologist, MGM Health Care, Chennai.
5.	01.06.2021	Webinar	<i>Corporate Counselling</i>	MRS. J.C.SASIKALA, Counselor and Trainer, Lotus Footwear Company Ltd., Cheyyar, Kanchipuram District.
6.	13 th and 14 th September 2021	Awareness program (Motivational talk &Flashmob)	<i>Prevention of Suicide</i>	Department of Psychology students – Bhaktavatsalam Memorial College.
7.	09.10.2021	Webinar	<i>Challenges of counselling in Unequal world</i>	MR. Veerapandian, Assistant Professor in Banyan Academy of Leadership in Mental Health, Chennai.
8.	16.10.2021	Webinar	<i>Challenges in Marital relationship</i>	MR. GUNAPATHY ARUMUGAM, Marriage and Parenting Educator & Trainer, Malaysia.
9.	30.12.2021	Special lecture – offline	<i>Yoga Psychology</i>	Mr. Jothi Arumugam, Astanga Yoga therapist & Psychotherapist

ACADEMIC YEAR 2020 – 2021



BHAKTAVATSALAM MEMORIAL COLLEGE FOR WOMEN

Affiliated to University of Madras

Accredited at 'B+' Grade by NAAC

KORATTUR, CHENNAI

DEPARTMENT OF PSYCHOLOGY

**Cordially invites you for the International Webinar on account of
WORLD AUTISM DAY**

On

Prevention of Autism

By

DR. V.D. SWAMINATHAN

Retd. Professor

Department of Psychology

University of Madras

Chennai

Date: 03.04.2021

Time: 11.00 am - 12.00 noon

Let's join our hands and serve the society

Prevent autism by creating awareness

Join us on Google meet

Limited seats only!

<http://meet.google.com/suq-gkye-qbu>

Program Convenor

Dr. V. Kalaivani

Principal

Organizing Secretary

Dr. U. Vijayabanu

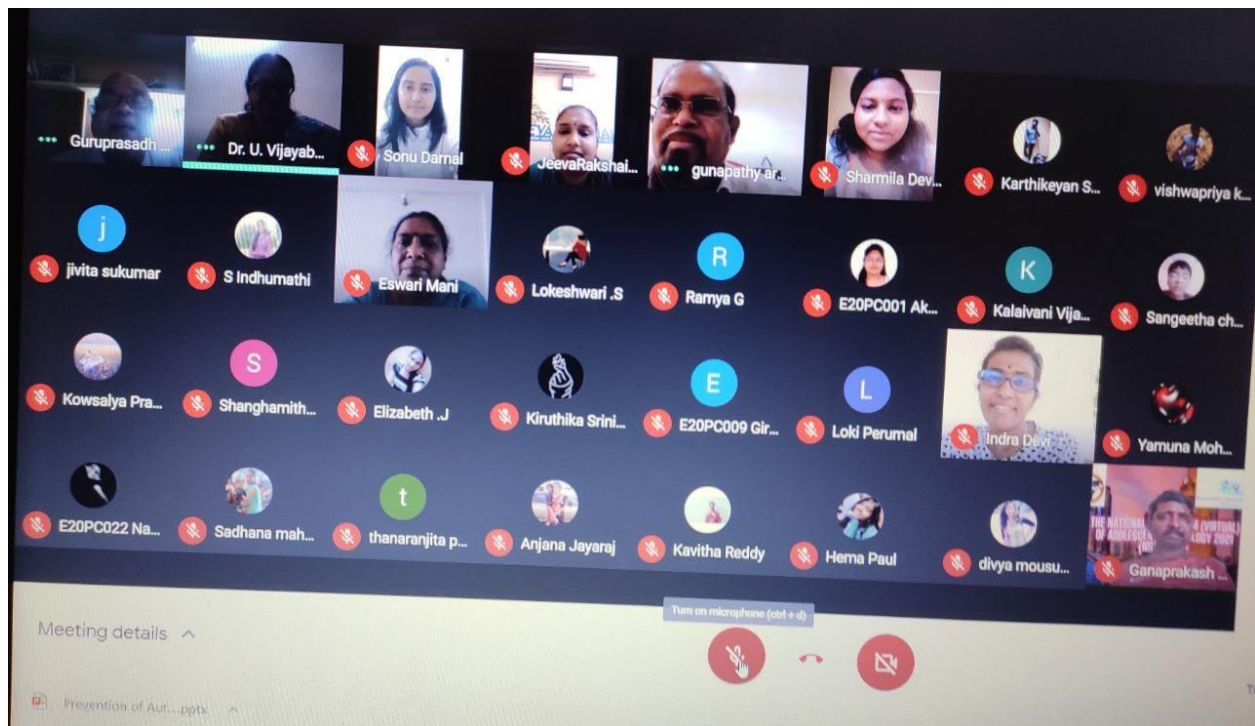
Head of the Department

Organizing Committee

Ms. S. Jivita

Ms. N.L. Kalpitha

- Organized a Webinar on account of **WORLD AUTISM DAY**, on the topic *Prevention of Autism* delivered by **DR. V.D. SWAMINATHAN** Retd. Professor, Department of Psychology, University of Madras, Chennai on 03.04.2021 between 11.00 am – 12.00 noon through Google meet.
 - Outcome:** Students from various other colleges joined and few participants from Malaysia, Srilanka also participated. By the end of the program participants understood the factors influencing Autism and how to prevent it.



Kalpitha N L is presenting

E20PC006 Atchayaprab...
and 78 more

You

Prevention of Autism – A Bird's Eye View

Dr.V.D.Swaminathan, M.A., M.Phil.,Ph.D.,
Retired Professor, Department of Psychology,
University of Madras, Chennai 600 005.
E-Mail: guruswami.59@gmail.com





**BHAKTAVATSALAM MEMORIAL COLLEGE FOR WOMEN
KORATTUR, CHENNAI
DEPARTMENT OF PSYCHOLOGY**

**Cordially invites you for
the special guest lecture on**

Addiction Counselling

By

Ms. A.C.N. ARUNA

Counselling Psychologist

Managing Director - Jeeva Rakshai

(De-addiction cum Rehabilitation & Psychiatric care)

Chennai.

Date: 19.05.2021

Time: 10.30 am – 12.00 noon

Join us on Google meet

Limited seats only!

<http://meet.google.com/suq-gkye-qbu>

Program Convenor

Dr. V. Kalaivani

Principal

Organizing Secretary

Dr. U. Vijayabanu

Head of the Department

- Organized a Webinar on the topic *Addiction Counseling* delivered by **MS.A.C.N.ARUNA** Counselling Psychologist, Managing Director – Jeeva Rakshai (De-addiction cum Rehabilitation & Psychiatric care), Chennai on 19.05.2021 between 10.30 am – 12.00 noon through Google meet.
- **Outcome:** Students were able to know the reasons for addiction and how to do addiction counseling. [It was very useful session for psychology students

meet.google.com/suq-gkye-qbu

JeevaRakshai De-addiction & psychiatric care is presenting

IMPORTANT TERMINOLOGY

- 1. PSYCHOLOGICAL CRAVING**
Psychological craving is a strong desire or urge to use drugs. Cravings are most apparent during drug withdrawal.
- 2. TOLERANCE**
Tolerance is a state in which a person no longer responds to a drug as they did before, and a higher dose is required to achieve the same effect.
- 3. WITHDRAWAL SYMPTOMS**
The following symptoms may occur when drug use is reduced or discontinued:
 1. Tremors, chills
 2. Cramps
 3. Emotional problems
 4. Cognitive and attention deficits
 5. Hallucinations
 6. Convulsions
 7. Death

Meeting details ^

Turn on ca

Dr. U. Vijayab...

JEEVA RAKSHAI



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Chennai - 80**

DEPARTMENT OF PSYCHOLOGY WITH IQAC

Cordially invites you for

Career Guidance Program

By

Mr. Suveen Kumar

**Counselling Psychologist & Global goodwill Ambassador.
Founding Director - Emo Matrix**

Date: 21.05.2021

Time: 2.30 - 3.30 pm

Medium - Zoom Meeting

Registration Link :

<https://forms.gle/YUTr4jXi3sDwPbEt8>

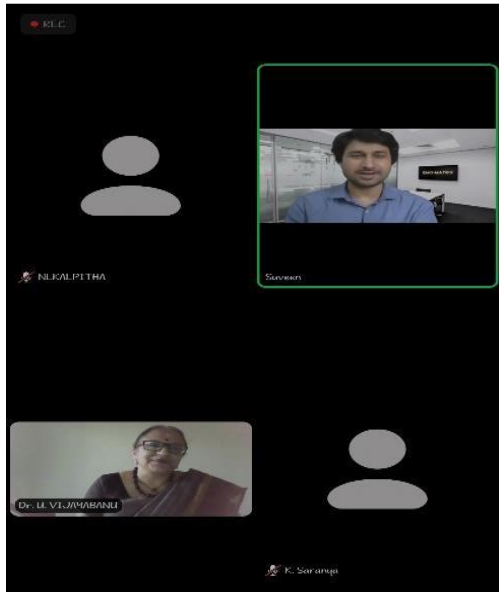
**Dr. V. Kalaivani
Principal**

**Dr .C.N. Eswari
Associate Secretary**

**Dr. S.P. Rajagopalan
Secretary**

**Dr. U. Vijayabanu
Head of the Department**

- Organized a Webinar on the topic *Career Guidance Program* delivered by **MR. SUVEEN KUMAR**, Counselling Psychologist, Founding Director in Emo Matrix on 21.05.2021 between 02.30 pm – 03.30 noon through Zoom meet.





**BHAKTAVATSALAM MEMORIAL COLLEGE FOR WOMEN
KORATTUR, CHENNAI
DEPARTMENT OF PSYCHOLOGY**

**Cordially invites you for
the special guest lecture on**

Mental Status Examination

By

Mrs. Vidhya Muralidharan

Senior Neuro Psychologist

MGM Health care

Chennai.

Date: 24.05.2021

Time: 10.30 am – 12.00 noon

Join us on Google meet

Limited seats only!

<http://meet.google.com/sug-gkye-qbu>

Program Convenor

Dr. V. Kalaivani

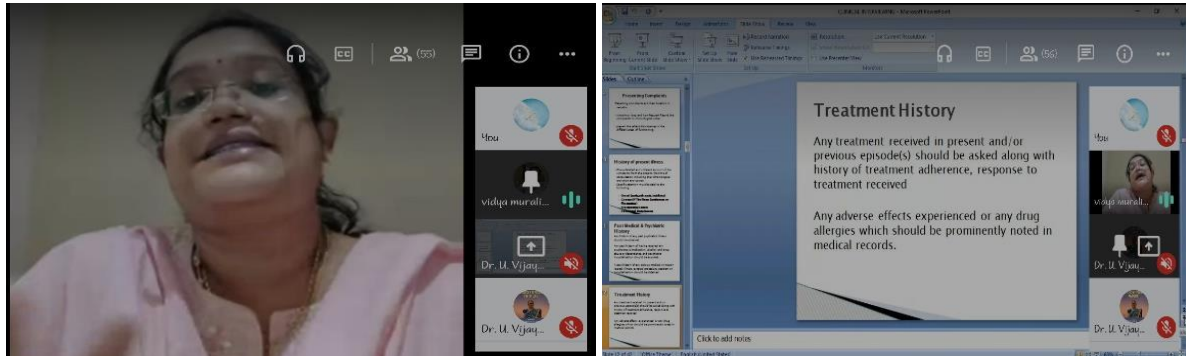
Principal

Organizing Secretary

Dr. U. Vijayabanu

Head of the Department

- Organized a Webinar on the topic *Mental Status Examination* delivered by **MRS.VIDHYA MURALIDHARAN**, Senior Neuro Psychologist, MGM Health Care, Chennai on 24.05.2021 between 10.30 am – 12.00 noon through Google meet.





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Chennai - 80**

**DEPARTMENT OF PSYCHOLOGY WITH IQAC
Cordially invites you for the webinar on
*Corporate Counselling***

**By
Mrs. J.C.Sasikala
Counselor and Trainer
Lotus Footwear Company Ltd.**

**Date: 01.06.2021
Time: 10.30 am – 12.00 noon
Join us on Google meet
Limited seats only!
<http://meet.google.com/sug-gkye-qbu>**

**Dr. V. Kalaivani
Principal**

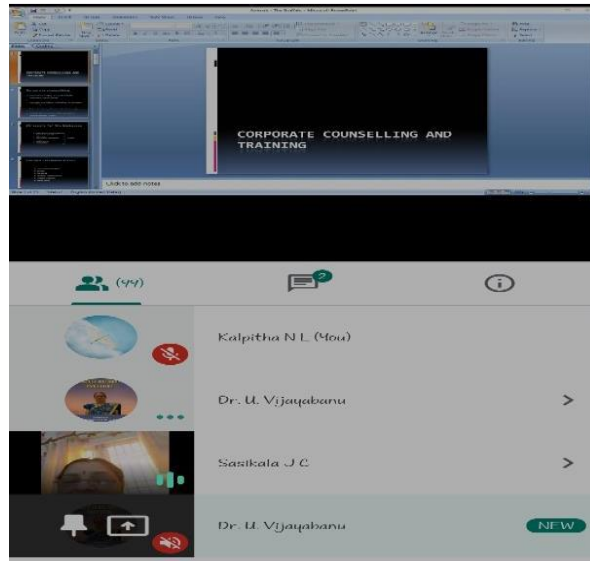
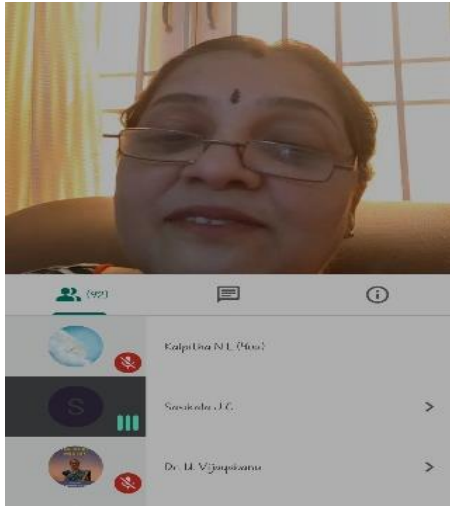
**Dr .C.N. Eswari
Associate Secretary**

**Dr. S.P. Rajagopalan
Secretary**

**Organizing Secretary
Dr. U. Vijayabanu
Head of the Department**

**Organizing Committee
Ms. N.L. Kalpitha
Ms. S. Jivita**

- Organized a Webinar on the topic *Corporate Counselling* delivered by **MRS. J.C.SASIKALA**, Counselor and Trainer, Lotus Footwear Company Ltd., on 01.06.2021 between 10.30 am – 12.00 noon through Google meet.



ACADEMIC YEAR 2021 – 2022

SNO	DATE	SEMINAR/WEBINAR	TOPIC	RESOURCE PERSON
1.	13 th and 14 th September 2021	Awareness program (Motivational talk &Flashmob)	<i>Prevention of Suicide</i>	Department of Psychology students – Bhaktavatsalam Memorial College.
2.	09.10.2021	Webinar	<i>Challenges of counselling in Unequal world</i>	MR. Veerapandian, Assistant Professor in Banyan Academy of Leadership in Mental Health, Chennai.
3.	16.10.2021	Webinar	<i>Challenges in Marital relationship</i>	MR. GUNAPATHY ARUMUGAM, Marriage and Parenting Educator & Trainer, Malaysia.
4.	30.12.2021	Special lecture – offline	<i>Yoga Psychology</i>	Mr. Jothi Arumugam, Astanga Yoga therapist & Psychotherapist, Chennai
5.	19.3.2022	Seminar	<i>Career Guidance- Corporate to Campus</i>	Mr.Madhava Priyan, Vice President HR and OD, Flyjac Logistics, Chennai
5.	29.3.2022	Workshop	<i>Infertility Counselling</i>	Dr.Saraswathi Basakar, Counselling Psychologist and coach, Chennai
6	30.3.2022	Webinar	<i>Neuropsychological Assessment</i>	Mrs. Vidhya Muralidharan, Clinical Psychologist MGM Health Care, Chennai

7.	5.4.2022	Awareness Campaign	<i>World Autism Day</i>	Department of Psychology students – Bhaktavatsalam Memorial College
	8.4.2022			





Chennai, Tamil Nadu, India

603A, Venkatraman Nagar, Korattur, Chennai, Tamil Nadu 600080, India

Organized a Awareness program on account of **WORLD SUICIDE PREVENTION DAY**, delivered by college students, Department of Psychology, Bhaktavatsalam Memorial College for Women, Chennai on 13th and 14th September 2021 between 09.00 am – 2.00 noon in college campus.

Students from all departments was benefitted by attending this awareness program. This program was organized from counseling centre to create awareness among students on identifying thoughts and how to seek help if they get suicidal ideation and also to help her friend.



**BHAKTAVATSALAM MEMORIAL COLLEGE FOR
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Chennai - 80**

**On Account of World Mental Health Day (10th Oct)
DEPARTMENT OF PSYCHOLOGY WITH IQAC
cordially invites you for the webinar series on
*Challenges of Counseling in unequal
world***

**By
Mr. Veerapandian
Assistant Professor
Banyan Academy of Leadership in Mental Health**

**Date: 09.10.2021
Time: 10.00 am – 12.00 noon
Join us on Google meet
Limited seats only!
<http://meet.google.com/suq-gkye-qbu>**

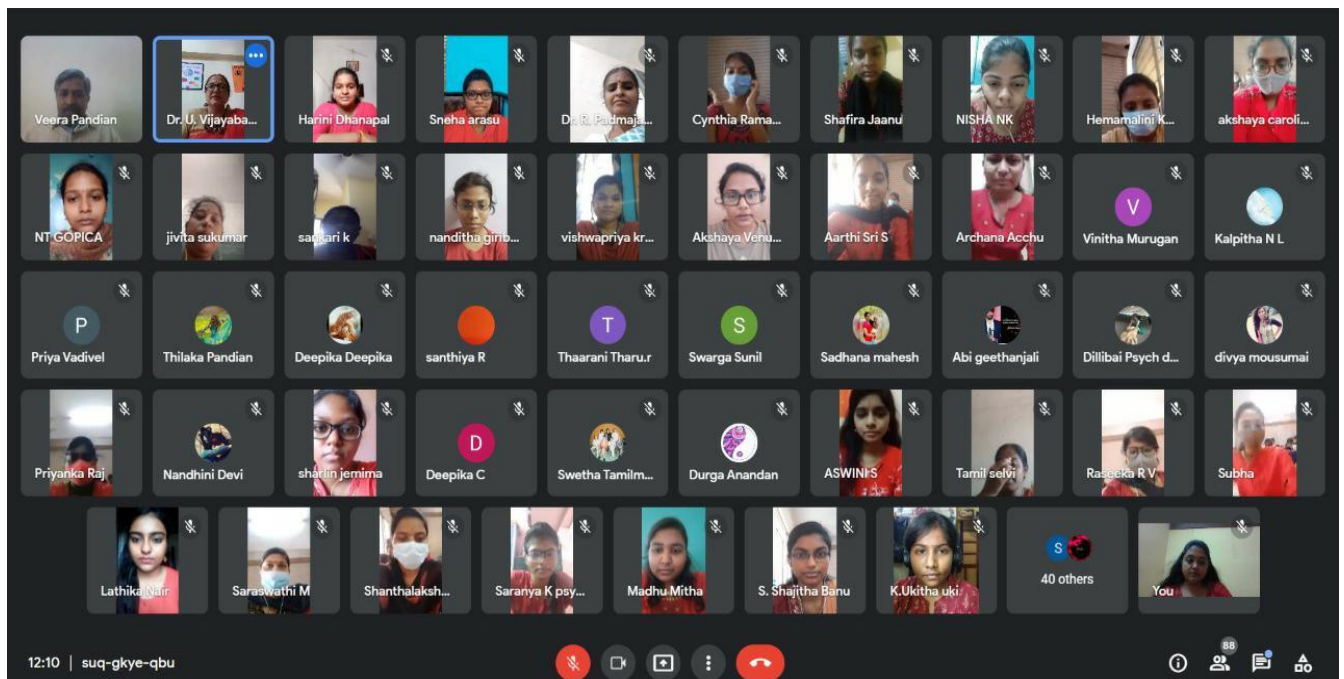
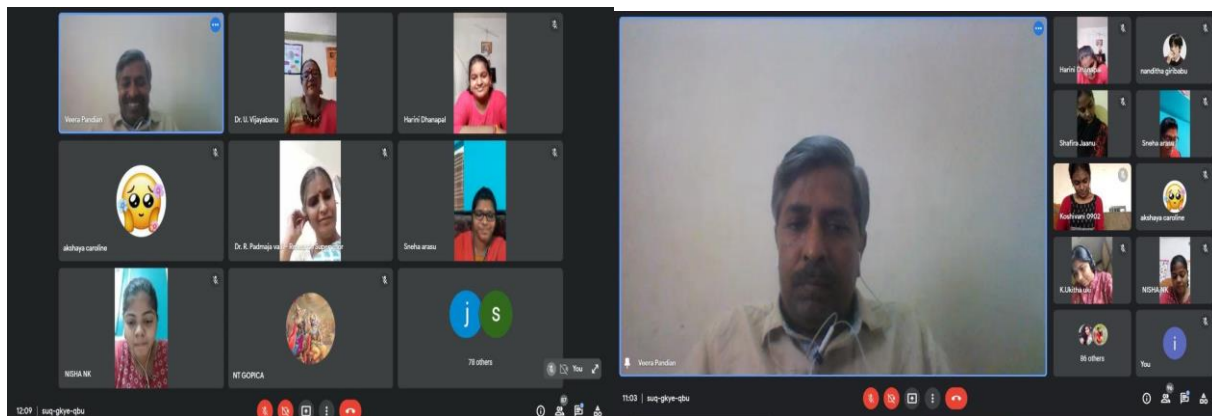
**Dr. V. Kalaivani
Principal**

**Dr. S.P. Rajagopalan
Secretary**

**Organizing Secretary
Dr. U. Vijayabanu
Head of the Department**

**Organizing Committee
Ms. S. Jivita
Ms. N.L. Kalpitha**

- Organized a Webinar on the topic *Challenges of counselling in Unequal world* delivered by **MR. Veerapandian**, Assistant Professor in Banyan Academy of Leadership in Mental Health, on 09.10.2021 between 10.00 am – 12.00 noon through google meet.



By the end of the program students of psychology understood how to deal with the client who come with emotional problems and also as a counselor how to deal their own burn out.



**BHAKTAVATSALAM MEMORIAL COLLEGE FOR
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Chennai - 80**

**On Account of World Mental Health Day (10th Oct)
DEPARTMENT OF PSYCHOLOGY WITH IQAC
cordially invites you for the webinar series on
*Challenges in Marital Relationship***

**By
Mr. Gunapathy Arumugam
Marriage and Parenting Educator & Trainer,
Malaysia**

Date: 16.10.2021

Time: 10.00 am – 12.00 noon

Join us on Google meet

Limited seats only!

<http://meet.google.com/suq-gkye-qbu>

**Dr. V. Kalaivani
Principal**

**Dr. S.P. Rajagopalan
Secretary**

Organizing Secretary

Dr. U. Vijayabanu

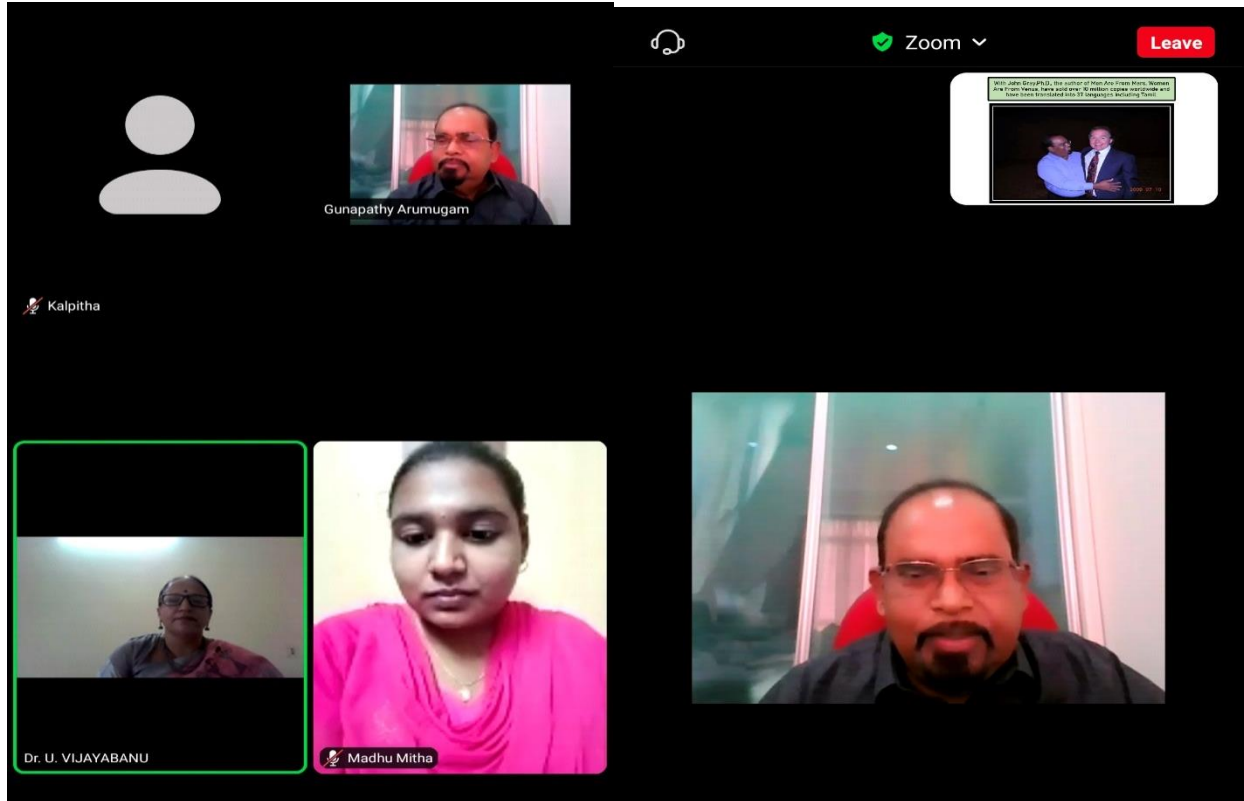
Head of the Department

Organizing Committee

Ms. S. Jivita

Ms. N.L. Kalpitha

- Organized a Webinar on the topic *Challenges in Marital relationship* delivered by **MR. GUNAPATHY ARUMUGAM**, Marriage and Parenting Educator & Trainer, Malaysia on 16.10.2021 between 10.00 am – 12.00 noon through zoom meeting.



BHAKTAVATSALAM MEMORIAL COLLEGE
FOR WOMEN



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Chennai – 80

DEPARTMENT OF PSYCHOLOGY
IN ASSOCIATION WITH IQAC

Organizes a special lecture on
Yoga Psychology

By

Mr. Jothi Arumugam

Ashtanga Yoga Therapist, Psychotherapist
Myholism Yoga and Mental Health Academy,
Chennai.



Date: 30.12.2021

Time: 09.00 am – 11.00 am

Dr. S.P. Rajagopalan
Secretary

Dr.K.R.Dhanalakshmi
Principal i/c

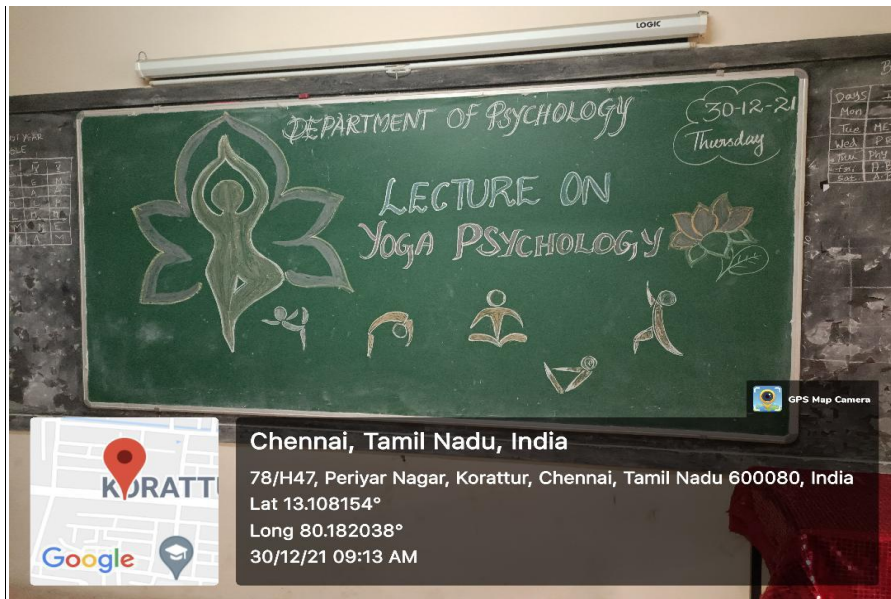
Dr. U. Vijayabanu
Head of the Department
Convenor

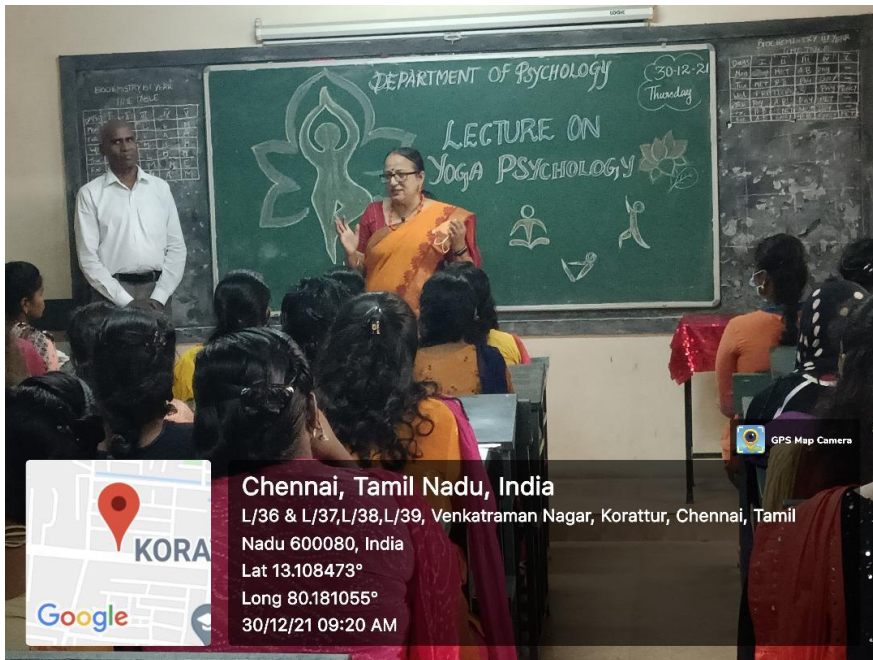


Edit with WPS Office

Organized a special lecture on the topic “ Yoga Psychology” for both UG and PG students of psychology as a part of their curriculum which deals with Indian Psychology by Mr. Jothi Arumugam, Ashtanga Yoga Therapist on 30.12.2021 from 9.00 am to 11.00 am.

Students thoroughly enjoyed the session as they could connect it with their day to living and those who were aspiring to clear NET exam it was very useful as it covered the main topics of Indian Psychology syllabus.







Chennai, Tamil Nadu, India
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 Periyar Nagar, Venkatraman Nagar, Korattur, Chennai, Tamil Nadu 600080, India
 Lat 13.108906°
 Long 80.18252°
 19/03/22 10:15 AM



Chennai, Tamil Nadu, India
 BAKTHAVACHALAM MEMORIAL COLLEGE FOR WOMEN, 14, Street Number 31,
 Periyar Nagar, Venkatraman Nagar, Korattur, Chennai, Tamil Nadu 600080, India
 Lat 13.108906°
 Long 80.18252°
 19/03/22 10:12 AM



Chennai, Tamil Nadu, India
 BAKTHAVACHALAM MEMORIAL COLLEGE FOR WOMEN, 14, Street
 Number 31, Periyar Nagar, Venkatraman Nagar, Korattur, Chennai,
 Tamil Nadu 600080, India
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 Long 80.18252°
 19/03/22 11:43 AM



BHAKTAVATSALAM MEMORIAL COLLEGE FOR
WOMEN

CHENNAI – 600080

(Affiliated to University of Madras ; Accredited at 'B+' Grade by NAAC)

DEPARTMENT OF PSYCHOLOGY IN ASSOCIATION
WITH IQAC

Organizes workshop on
INFERTILITY COUNSELLING
on 29th March 2022



RESOURCE PERSON

Dr.Saraswathi Bhaskar

Counselling Psychologist and Coach

Timing- 9.00 am to 4.00pm

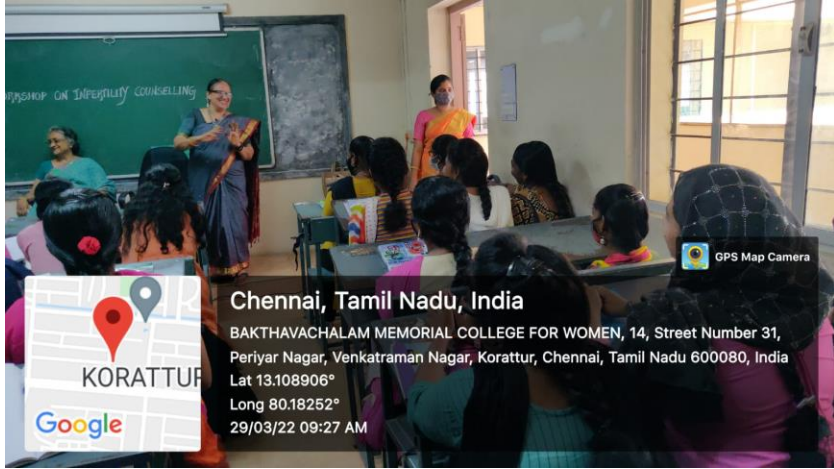
Dr.S.P.Rajagopalan
Secretary

Dr.K.R.Dhanalakshmi
Principal

Ms.S.Mangai
Vice President

Dr.R. Indira
IQAC Coordinator

Dr.U.Vijayabanu
HOD & Convenor



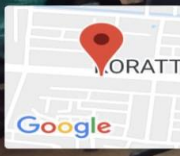
Chennai, Tamil Nadu, India

BAKTHAVACHALAM MEMORIAL COLLEGE FOR WOMEN, 14, Street Number 31,
Periyar Nagar, Venkatraman Nagar, Korattur, Chennai, Tamil Nadu 600080, India
Lat 13.108906°
Long 80.18252°
29/03/22 09:27 AM



Chennai, Tamil Nadu, India

77/H46, Periyar Nagar, Korattur, Chennai, Tamil Nadu 600080, India
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Long 80.182101°
29/03/22 10:37 AM



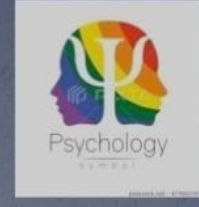
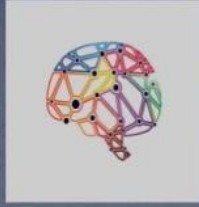
Chennai, Tamil Nadu, India

77/H46, Periyar Nagar, Korattur, Chennai, Tamil Nadu 600080, India
Lat 13.108157°
Long 80.182101°
29/03/22 01:47 PM



Avadi, Tamil Nadu, India

No.31/2, type 4, HVF Estate, Venkatraman Nagar, Korattur, Avadi, Tamil Nadu 600054, India
Lat 13.108566°
Long 80.183496°
29/03/22 02:56 PM



BHAKTAVATSALAM MEMORIAL COLLEGE FOR WOMEN
CHENNAI – 600080

*(Affiliated to University of Madras ; Accredited at 'B+'
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**DEPARTMENT OF PSYCHOLOGY IN ASSOCIATION
WITH IQAC Organizes Seminar on
NEUROPSYCHOLOGICAL ASSESSMENT**

on
30th March 2022

By
Mrs. Vidhya Muralidharan
Clinical Psychologist
MGM Health Care, Amijikarai

Time: 12.00 noon to 1.30pm

Venue: Gmeet (<https://meet.google.com/suq-gkye-qbu>)

Dr.S.P.Rajagopalan
Secretary

Dr.K.R.Dhanalakshmi
Principal

Ms.S.Mangai
Vice Principal

Dr.R. Indira
IQAC Coordinator

Dr.U.Vijayabanu
HOD & Convenor





Chennai, Tamil Nadu, India
 BAKTHAVACHALAM MEMORIAL COLLEGE FOR WOMEN , 14, Street Number 31,
 Periyar Nagar, Venkatraman Nagar, Korattur, Chennai, Tamil Nadu 600080, India
 Lat 13.108881°
 Long 80.182518°
 05/04/22 09:20 AM



Chennai, Tamil Nadu, India
 BAKTHAVACHALAM MEMORIAL COLLEGE FOR WOMEN , 14, Street Number 31,
 Periyar Nagar, Venkatraman Nagar, Korattur, Chennai, Tamil Nadu 600080, India
 Lat 13.108881°
 Long 80.182518°
 05/04/22 09:18 AM



Chennai, Tamil Nadu, India
 BAKTHAVACHALAM MEMORIAL COLLEGE FOR WOMEN , 14, Street Number 31,
 Periyar Nagar, Venkatraman Nagar, Korattur, Chennai, Tamil Nadu 600080, India
 Lat 13.108881°
 Long 80.182518°
 05/04/22 08:59 AM



Chennai, Tamil Nadu, India
 BAKTHAVACHALAM MEMORIAL COLLEGE FOR WOMEN , 14, Street Number 31,
 Periyar Nagar, Venkatraman Nagar, Korattur, Chennai, Tamil Nadu 600080, India
 Lat 13.108881°
 Long 80.182518°
 05/04/22 09:06 AM



Chennai, Tamil Nadu, India
 Korattur corporation hospital 2/916, Venkatraman Nagar,
 Korattur, Chennai, Tamil Nadu 600080, India
 Lat 13.109805°
 Long 80.182547°
 08/04/22 10:45 AM



Chennai, Tamil Nadu, India
 Korattur corporation hospital 2/916, Venkatraman Nagar,
 Korattur, Chennai, Tamil Nadu 600080, India
 Lat 13.109805°
 Long 80.182547°
 08/04/22 10:44 AM



