



Affiliated to the University of Madras / Accredited at 'B'+ Grade by NAAC



## WOMEN'S CELL

In Association with IQAC



cordially invites you to a One Day Workshop on Self Defence

# “The Matter of Women Safety”



16 September 2022  
11:00 a.m



College  
Auditorium

**Resource Person: Renshi B. Sudakar**

6th Dan Oshukai Karate  
4th Dan Okinawa Kobudo  
Judge: Asian Karate  
Federation, AKF (WKF)

**Mrs. S. Mangai**  
Vice - Principal

**Dr. K.R. Dhanalakshmi**  
Principal

**Dr. S.P. Rajagopalan**  
Secretary

**"Self-defence is not only our right; it is our duty."**



## **Programme Schedule:**

1. Prayer song
2. Welcome Address
3. Honouring the Resource Person
4. Presentation by the Resource Person
5. Vote of Thanks
6. National Anthem