

FACULTY PROFILE

Name : Ms. VIDHYA M

Qualification: M.Sc. Clinical Psychology, UGC-NET

Designation. : Assistant Professor

Experience : 2 Months

Email ID : vidhyavd21@gmail.com

Area of specialization : Clinical Psychology

INTERNSHIP

- Clinical training and observership under the supervision of clinical psychologists, Saveetha Institute of Medical and Technical Sciences, Chennai (2020-2022)
- A six day residential training program in “Basic psychological counseling skills useful in clinical psychology” from Christian Counselling Centre, Vellore (2022)
- Tele-Counselling to NEET aspirants at DMS, Chennai (2021)

WORKSHOPS/TRAINING PROGRAMS

- Two days workshop on “School Counselling” by Child Counselling and Guidance Centre, Institute of Social Education, Chennai (2022)
- Workshop on “Mental Status Examination” conducted by Chevalier T. Thomas Elizabeth College for Women, Chennai (2020)
- Workshop on “Adlerian Counselling” conducted by Well-being Centre, Institute for Counselling and Psychotherapy, Chennai (2018)

ONLINE TRAINING AND CERTIFICATIONS

- Certificate Course on “Cognitive Behavioral Therapy” under the supervision and guidance of a Beck Institute trained practitioner(2023)
- Two days training program on “Play therapy” from Aaghaaz Welfare foundation (2023)
- Certificate Courses on “Career Counselling” – 20 hours of training and “Dance Movement therapy” – 7 hours of training from Hr’o’hour(2023)
- Two days workshop on “Art therapy techniques” by Clinical psychologist and Art therapist, The Science of well-being (2022)

SEMINARS PARTICIPATED

- National seminar on “Psychology of Peace” at University of Madras (2020)
- Annual seminar on “Psychological challenges of today’s youth” at Anna Centenary library, MSSW, Chennai (2020)
- National seminar on the occasion of platinum Jubilee celebration on Mental health at University of Madras (2017)

ACADEMIC RESEARCH PROJECT

Master’s dissertation on Attitudes towards homosexuality among college students (2022)